



2 MILE FUN RUN, WALK OR JOG

**SATURDAY,
NOVEMBER 23, 2019**

Rain or Shine at the
Denton Elementary School
303 Sharp Road
Denton, MD 21629



**FREE GIFT TO
THE FIRST 75
REGISTRANTS!**

**STROLLING TURKEY,
CRAFTS, FREE
REFRESHMENTS AND
MORE!**

Please bring one of the following
to benefit the Caroline County
Humane Society:

laundry detergent, bleach,
dryer sheets, paper towels,
clorox wipes, 13 gallon trash bags,
cat and dog food, cat toys

RACE TIME

9 am

TWO MILE COURSE

See opposite side for complete
race and registration details. FREE
refreshments for all participants
following event.

POST RACE EVENTS

10:15 am

TURKEY DAZZLERS

Quick crafts for all ages.

THE 23RD ANNUAL TURKEY DINNER TEAM RELAY

Open to teams of four, family
and friends, ages 5 to adult.
Register day of event. Stations
include table setting, stuffing
mixing, chicken stuffing and pie
eating! Winning team receives
special award.

11:15 am

TURKEY TROT AWARDS AND TURKEY RAFFLE

“It’s More Than a Race, it’s a Family Adventure!”



**SATURDAY,
NOVEMBER 23, 2019**

Rain or shine at Denton Elementary School

Sponsored by:

**CAROLINE COUNTY RECREATION & PARKS
MARTINAK STATE PARK
IMPRESSIVE PRINTING
DENTON ELEMENTARY SCHOOL**

**FREE GIFT TO THE FIRST
75 REGISTRANTS!**

Must be present November 23
to collect gift.

EVENT TIME:

Two-mile event begins at 9 a.m. sharp. Registration check-in located in the school cafeteria from 8–8:45 a.m. Turkeys Run, Walk or Jog regardless of rain, sleet or snow! No rain date! Dress for anything!

LOCATION & COURSE:

Race course is a flat two-mile out and back course. Begins in the Denton Elementary School parking lot off of Sharp Road, down Lupine Lane to Deep Shore Road and into Martinak State Park to boat ramp and back.

RACE CATEGORIES:

Run, Walk or Wheels divisions and male and female divisions for ages 70 & up, 60–69, 50–59, 40–49, 30–39, 20–29, 15–19, 10–14, 5–9 and 4 & under (run division only). Wheels division for wheelchair participants only.

AWARDS & PRIZES:

Ribbons to the top 3 winners in all division categories. Special prizes awarded for Post Race Contests.

REGISTRATION FEE:

\$10 for each participant registered by Friday, November 15. Family registration package is \$30 family of four (4) by 11/15/19. After 11/15/19 fees increase to \$15 per person & \$45 per family of four (4).

FALL RACE PACKAGE SPECIAL:

Sign up for **BOTH** the Turkey Trot and Santa Chase and save money! \$20 per person for both races or \$70 per group of 4 if registered by November 15. The 6th annual Santa Chase will be held at 7 p.m. on Friday, December 6 at Martinak State Park.

Mail or deliver form to:

**Caroline County Recreation and Parks
107 S. 4th Steet
Denton, MD 21629**

Results posted on carolinerecreation.org and our Facebook page. For more information, call Caroline County Recreation and Parks **410-479-8120** during weekday office hours, 8:30 am–5 p.m.

**\$10 or \$30 by 11/15/19
\$15 or \$45 after 11/15/19**

**Mail or deliver to:
CCR&P
107 S. 4th Street
Denton, MD 21629**

TROT REGISTRATION FORM 2019

Name _____ Daytime Phone _____

Address _____ Town _____ Zip _____

email _____

Medical Problems (please specify): _____

Indicate "Trot" Category (circle selection): Run/Jog Walk Wheels

Male Female Age: _____ Date of Birth _____

Fall Race Package: \$20 for individuals, \$70 for groups of 4

In consideration of the acceptance of this entry to this event, I waive all claims for myself, my heirs and assigns against the host, sponsors and/or promoters for injury or illness which may result from my participation. I further state that I am in proper physical condition to compete in this running and walking event and that I am an amateur runner or walker.

Participant's Signature _____ Date _____

Parent/Guardian Signature if Under 18 _____ Date _____

Office Use Only
Date Rec'd _____
Amount _____
Race # _____